







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>Superior in February</h1>						<p>1</p> <p>10:00am Ladder Ball (GR)</p> <p>2:00pm Horse Races (GR)</p>
<p>2 Ground Hog Day</p> <p>9:30am Sunday Service (GR)</p> <p>2:00pm Groundhog Update and Social (GR)</p>	<p>3</p> <p>10:00am On this Day on History</p> <p>11:00am Group Exercise (GR2)</p> <p>1:30pm Lambton Heritage Presentation (GR)</p> <p>2:30pm Day Valentine's Craft</p> <p>6:30pm Paint Night</p>	<p>4</p> <p>10:00am Bible Study</p> <p>10:30am Fluff n' Fold</p> <p style="text-align: center;">Tuck Shop 2:00-3:30pm</p> <p>2:30am Valentine's Photo Booth (GR)</p> <p>6:45pm TV Bingo (GR)</p>	<p>5</p> <p>11:00am Group Exercise (GR2)</p> <p>11:15am Catholic Mass (GR)</p> <p>2:00pm Sandy on the Piano</p> <p>2:45pm 1:1 Sensory Activity</p> <p>6:30pm Bowling (GR)</p>	<p>6</p> <p>9:45am Bean Bag Toss</p> <p>10:00am Library Craft and Book Exchange with Shea</p> <p>11:00am Group Exercise (GR2)</p> <p>2:00pm Music with Dini</p> <p>6:15pm Legionnaire's Hockey Game</p>	<p>7</p> <p>9:30am Ball Toss</p> <p>10:00am Hangman Game</p> <p>2:00pm Welcome Party with Bill Hines (GR)</p> <p>2:30pm Hand Massages & Nails</p>	<p>8</p> <p>10:00am Coffee & Colouring (GR)</p> <p>2:00pm Valentine's Day Family Feud (GR)</p>
<p>9 Superbowl Sunday</p> <p>9:30am Sunday Service (GR)</p> <p>2:00pm Valentine's Day Craft (GR)</p> <p>2:00pm Superbowl Party (GR2)</p>	<p>10</p> <p>9:30am Mini Caber Toss</p> <p>11:00am 1:1 Green Time</p> <p>11:00am Group Exercise (GR2)</p> <p>1:30pm Residents Council (GR)</p> <p>2:30pm Love Songs with Dini</p> <p>6:30pm Valentines Trivia and Treats (GR)</p>	<p>11</p> <p>9:30am Balloon Volleyball</p> <p>10:00am Bible Study</p> <p>10:30am Fluff n' Fold</p> <p style="text-align: center;">Tuck Shop 2:00-3:30pm</p> <p>6:15pm Hockey Outing with Dave</p> <p>6:30pm Beavers & Scouts Visit (GR)</p>	<p>12</p> <p>10:00am Bible Study with Jamie (GR)</p> <p>11:00am Group Exercise (GR2)</p> <p>1:30pm Birthday Party with Dave Nichols (GR)</p> <p>2:30pm Men's Corner</p> <p>6:30pm Price is Right (GR)</p>	<p>13 ITALY THEME DAY</p> <p>9:30am Venetian Mask Craft</p> <p>11:00am Group Exercise (GR2)</p> <p>2:00pm Armchair Travel: Italy</p> <p>6:15pm Legionnaire's Hockey Game</p> 	<p>14 VALENTINES DAY</p> <p>9:30am Let's Get Moving</p> <p>10:30am Manicures</p> <p>2:00pm Valentine's Day Party</p> <p>2:30pm Ice Cream Cart</p> 	<p>15</p> <p>10:00am Coffee & Chats (GR)</p> <p>2:00pm Sweetheart Social (GR)</p>
<p>16</p> <p>9:30am Sunday Service (GR)</p> <p>2:00pm Nascar Daytona 500 (GR)</p> 	<p>17 Alexa is Off</p> 	<p>18</p> <p>10:00am Bible Study</p> <p>10:30am Fluff n' Fold</p> <p>1:30pm Shopping Trip to Dollar Tree with Shea</p> <p style="text-align: center;">Tuck Shop 2:00-3:30pm</p> <p>6:30pm Name that Tune (GR)</p>	<p>19</p>  <p>11:00am Group Exercise (GR2)</p> <p>2:00pm Music with Dini</p> <p>6:30pm Bingo (GR)</p>	<p>20</p> <p>9:30am Balloon Badminton</p> <p>11:00am Group Exercise (GR2)</p> <p>2:00pm Music with Mike Blackmore (GR)</p> <p>6:15pm Hockey Game Outing with Dave (GR)</p>	<p>21</p> <p>9:30am Chair Exercise</p> <p>10:00am Music & Manicures</p> <p>1:30pm Bowling Outing Superior & Rest Home (By Invite)</p>	<p>22</p> <p>10:00am Balloon Volley (GR)</p> <p>2:00pm Ice-Cream Sundae Social (GR)</p>
<p>23</p> <p>9:30am Sunday Service (GR)</p> <p>2:00pm Movie Afternoon (GR)</p> <p>2:00pm NBA Game (GR2)</p>	<p>24</p> <p>9:30am Bunny Visits</p> <p>10:00am Ladder Ball</p> <p>11:00am Group Exercise (GR2)</p> <p>11:00am 1:1 Green Time</p> <p>2:00pm Colouring & Treats</p> <p>6:30pm Jeopardy (GR)</p>	<p>25</p> <p>10:00am Bible Study</p> <p>10:30am Fluff n' Fold</p> <p style="text-align: center;">Tuck Shop 2:00-3:30pm</p> <p>2:30pm Memorial Service (GR)</p>	<p>26</p> <p>11:00am Group Exercise (GR2)</p> <p>1:30 pm Matching Game</p> <p>5:00pm Superior Dinner's Club (By Invite)</p> 	<p>27 Election Day</p> <p>9:30am Hand Massages</p> <p>10:30am DrumFit</p> <p>2:00pm Music with Dini</p>	<p>28</p> <p>9:30am Zumba Chair</p> <p>10:00am Anglican Church (GR)</p> <p>2:30pm Wine & Cheese Social</p>	

CALENDAR LEGEND

GR: Grand Room / By Invite: Refer to Rec Facilitator with outing interest / PV: Pavilion/ GR2: Grand Room 2nd Floor/DR: Dining Room/ RR: Room to Room