

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SNACK AM						
Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
SNACK PM						
Lemonade Drink LoCal	Raspberry Drink LoCal	Pear Drink LoCal	Apple Drink LoCal	Peach Drink LoCal	Cherry Drink LoCal	Fruit Punch Drink LoCal
Sugar Cookies	Mini Cinnamon Roll	Apple Turnover Cookie	Dutch Brownie	Digestive Cookies	LoCal Chocolate Wafer	Blueberry Muffin
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Banana	Cantaloupe Chunks	Fresh Apple Slices	Fresh Watermelon	Orange Wedges	Fresh Pineapple	Banana
SNACK HS						
Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale
Banana Loaf	Chicken Salad on WW	PB & J on Wheat Bread	Egg Salad on WW	Cheddar & Crackers	Tuna Salad on WW	Ham Salad on WW
Peanut Butter	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
2% Milk	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl
Assorted Fresh Fruit Bowl						

Note: 125 ml juice, 250 ml milk, 250 ml water, 180 ml hot beverage offered at each meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SNACK AM						
Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
SNACK PM						
Iced Tea Drink	Cranberry Drink LoCal	Fruit Punch Drink LoCal	Pear Drink LoCal	Cherry Drink LoCal	Peach Drink LoCal	Apple Drink LoCal
Raspberry Turnover Cookie	LoCal Vanilla Wafer	Date Square	Bran Muffin	Blueberry Turnover Cookie	Peanut Butter Cookies	Chocolate Muffin
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Cantaloupe Chunks	Fresh Apple Slices	Orange Wedges	Banana	Fresh Watermelon	Banana	Honeydew Chunks
SNACK HS						
Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale
Beef Salad Sndw on WW	Cheese Sandwich on WW	Tuna Salad on WW	Egg Salad on WW	Cheddar Cheese Slice	Salmon Salad on WW	PB & J on Wheat Bread
2% Milk	2% Milk	2% Milk	2% Milk	Unsalted Soda Crackers	2% Milk	2% Milk
Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	2% Milk	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl
				Assorted Fresh Fruit Bowl		

Note: 125 ml juice, 250 ml milk, 250 ml water, 180 ml hot beverage offered at each meal.

Vision Fall Winter Snack 2025-26 - Week 3

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SNACK AM						
Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
SNACK PM						
Cherry Drink LoCal	Peach Drink LoCal	Lemonade Drink LoCal	Apple Drink LoCal	Cranberry Drink LoCal	Peach Drink LoCal	Iced Tea Drink
Apple Turnover Cookie	Mini Assorted Danish	Cranberry Orange Scone	Dutch Brownie	Chocolate Chip Cookie	LoCal Strawberry Wafer	Mini Cinnamon Roll
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Fresh Apple Slices	Banana	Honeydew Chunks	Fresh Watermelon	Orange Wedges	Fresh Pineapple	Cantaloupe Chunks
SNACK HS						
Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale
Cheese Whiz & Crackers	PB & J on Wheat Bread	Ham Salad on WW	Chicken Salad on WW	Cream Cheese	Egg Salad on WW	Cheese Sandwich on WW
2% Milk	2% Milk	2% Milk	2% Milk	Carrot Loaf	2% Milk	2% Milk
Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	2% Milk	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl
				Assorted Fresh Fruit Bowl		

Note: 125 ml juice, 250 ml milk, 250 ml water, 180 ml hot beverage offered at each meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SNACK AM						
Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
SNACK PM						
Lemonade Drink LoCal	Iced Tea Drink	Fruit Punch Drink LoCal	Apple Drink LoCal	Pear Drink LoCal	Peach Drink LoCal	Cranberry Drink LoCal
LoCal Chocolate Wafer	Chocolate Chip Cookie	Blueberry Turnover Cookie	Date Square	Apple & Spice Loaf	Banana Muffin	Peanut Butter Cookies
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Banana	Fresh Apple Slices	Orange Wedges	Fresh Pineapple	Orange Wedges	Cantaloupe Chunks	Fresh Watermelon
SNACK HS						
Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale	Ginger Ale
Tuna Salad on WW	Unsalted Soda Crackers	Banana Loaf	Beef Salad Sndw on WW	Ham Salad on WW	Egg Salad on WW	PB & J on Wheat Bread
2% Milk	Cheddar Cheese Slice	Peanut Butter	2% Milk	2% Milk	2% Milk	2% Milk
Assorted Fresh Fruit Bowl	2% Milk	2% Milk	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl
	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl				

Note: 125 ml juice, 250 ml milk, 250 ml water, 180 ml hot beverage offered at each meal.