


# REST HOME FEBRUARY 2026

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY   |
|--|---|---|---|--|---|--|
| <b>1</b><br>9:30am Sunday Church service (GR)<br><br>2:00pm Valentines Craft (GR)          | <b>2 Ground Hog Day</b><br>10:00am Group Exercise<br><br>10:30am Ground Hog Movie (LR)<br>6:30pm Ground Hog Trivia (LR)  | <b>3 Tuck Shop 2-3:30pm</b><br>10:00am Bible studies (gr)<br><br>2:00pm Resident Council Meeting (LR)<br>6:30 TV Bingo (GR)  | <b>4</b><br>10:00am Group Exercise<br>10:30am Fluff and fold (AUD)<br><br>11:15am RC communion (GR)<br>6:30pm Scabble (GR)    | <b>5 Tuck Shop 2-3:30pm</b><br><br>10:00am Library Craft (GR)<br><br>2:00pm Valentines Trivia (LR)   | <b>6 Danielle Vacation Day</b><br><br>10:00am Group Exercise<br><br>2:00pm Bill Hines Welcome Party<br>6:30pm Valentines Scattergoires                      | <b>7</b><br>10:00am Football toss (GR)<br><br>2:00pm Superbowl Colouring (GR)  |
| <b>8 Superbowl</b><br>9:30am Sunday Church service (GR)<br><br>2:00pm Superbowl Party (GR) | <b>9 Danielle Vacation</b><br><br>10:00am Group Exercise<br><br>1:30pm Oil Heritage Presentation (GR)<br><br>6:30pm Penny Auction(gr)   | <b>10 Tuck Shop 2-3:30pm</b><br><br>10:00am Bible Studies (GR)<br><br>6:00pm Bonfire in Pavillion (PAV)   | <b>11</b><br>10:00am Group Exercise<br>10:30am Fluff and fold<br><br>2:00pm Music with Jane (GR)<br><br>6:30pm Baking Cookies | <b>12 Tuck Shop 2-3:30pm</b><br><b>THEME Day France</b><br>9:15am Manicures<br>12:00pm Theme Day Lunch France<br>1:30pm Making Table arrangements<br>6:15pm Hockey (Sign up) | <b>13 8:00am Valentines Breakfast</b><br>10:00am Group Exercise<br><br>1:30pm Travel Log to France (LR)   | <b>14 Valentines Day</b><br>10:00am Valentines Crossword(gr)<br>2:00pm Valentines Social(gr)  |
| <b>15</b><br>9:30am Sunday Church service (GR)<br><br>1:30pm Music Bingo (GR)              | <b>16</b><br>  | <b>17 Chinese New Year</b><br><b>Tuck Shop 2-3:30pm</b><br><br>10:00am Bible studies (GR)<br><br>6:30pm Chinese New Year (GR)   | <b>18 Ash Wednesday</b><br>10:00am Group Exercise<br>10:30am Fluff and fold<br><br>6:30pm Movie Night                         | <b>19 Tuck Shop 2-3:30pm</b><br><br>9:15am Manicures<br>2:00pm Chair Workout<br><br>6:15pm Hockey (Sign up)  | <b>20</b><br>10:00am Group Exercise<br><br>2:00pm Minute to Win it Game (LR)<br><br>6:30pm Snowman rock painting  | <b>21</b><br>10:00am Travel Log Singapore (GR)<br><br>2:00pm Ice Cream Social (GR)   |
| <b>22</b><br>9:30am Sunday Church service (GR)<br><br>2:00pm Jeopardy (GR)                 | <b>23 Cupcake Day</b><br>10:00am Group Exercise<br><br>2:00pm Baking (café)<br><br>6:30pm WII Game (GR)   | <b>24 Tuck Shop 2-3:30pm</b><br><br>10:00am Bible Studies (GR)<br><br>6:30pm Ballon Volley Gr   | <b>25</b><br>10:00am Group Exercise<br><br>10:30am Fluff and fold (AUD)<br><br>2:00pm Music with Jane (GR)                    | <b>26 Tuck Shop 2-3:30pm</b><br>9:15am Manicures<br>12:00pm Lunch club.<br>2:00pm Flower arrangements (DR)<br>6:15pm Hockey (Sign up required)                               | <b>27 Danielle Off</b><br>10:00am Group Exercise<br><br>10:00am Anglican Church (GR)<br>1:30pm Resident Council Meeting (LV)<br><br>6:30pm Retro Bingo (GR) | <b>28 Danielle Working</b><br><br>10:00am Coffee Muffins and reminiscing (CAFÉ)<br><br>2:00pm Movie (GR)   |

Legend: LR Livingroom, AUD -Auditorium, GR -Grand Room Nursing home, PAV Pavillion